

Service NSW Business Bureau



Free, ongoing and personalised support for every stage of your business

The Service NSW Business Bureau can help you at every stage of your business. The first step to getting support is to access your Service NSW Business Profile.

To do this, log in to your MyServiceNSW Account. If you do not have a MyServiceNSW Account, you can create one here at https://account.service.nsw.gov.au/createaccount

You can also download the Service NSW Business Bureau app to stay on top of your bookings with independent advisors and events, save and track your business licences, scan and redeem customer vouchers, and more.

Here are some mental health and wellbeing resources that may be helpful:

1. NewAccess for Small Business Owners – Beyond Blue

This is a free, confidential mental health coaching program designed specifically for small business owners and sole traders. It's delivered by coaches who have a background in small business themselves, making the support especially relevant.

Learn more: NewAccess for Small Business Owners - Beyond Blue

2. Tools and Resources for Your Workplace – NSW Government

This page provides practical tools, templates, and training to help small businesses create mentally healthy workplaces.

Explore resources: <u>NSW Government – Mental health at work</u>

3. Mental Health and Wellbeing Support for Business

This page brings together a wide range of supports for business owners and their teams, including wellbeing tips, crisis services, Small Business Debt Helpline and further programs. Access support here: Mental Health and Wellbeing Support for Business CPA

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